

PROFESSIONAL DISCLOSURE STATEMENT/INFORMATION REGARDING CLINICAL SUPERVISION SERVICE

Amber Marcelin- Flynn M.A., LCPC-S
Supervision Services

Business and Contact Information

Healing Practice Counseling, INC
Amber Marcelin-Flynn M.A., LCPC
7610 Carroll Ave Suite 310
Takoma Park, MD

(702)-510-3908
Email: amberflynn.lcpc@gmail.com
Website: www.hpcwellness.com

Degrees, Licenses, Professional Credentials, Community Services:

Degrees:

- University of Colorado, Colorado Springs Class of 2014
Master of Arts, Counseling & Human Services (CACREP Accredited)
Summa Cum Laude
- University of Nevada, Las Vegas Class of 2003
Bachelor of Social Work, Social Work

License:

- Licensed Clinical Professional Counselor MD: LC7938
- Licensed Professional Counselor CO: LPC.0013580
- National Board-Certified Counselor: 342357
- IFS(BTR) Level 1 Certified

Professional Credentials:

- Internal Family Systems- The Institute Self Leadership Level 1 Certified
- National Board of Certified Counselors: 342357
- American Counseling Association
- Licensed Clinical Professional Counselor of Maryland (LCPCM) In Good Standing

Community Service

- 2020 - Current Troop Leader - Girl Scout Troop #34137
- 2024- [Beyond the Rails Community Grant Program](#), Youth-led Festival



General Areas of Competence in Mental Health Practice:

As an experienced Mental Health Internal Family Systems (IFS) therapist based in the DMV area with nearly a decade of dedicated practice, I offer a comprehensive range of competencies to support individuals on their journey toward healing and self-discovery.

My expertise spans the following areas:

Anxiety and Stress Management, Depression and Emotional Regulation, Self-Criticism and Inner Conflict Resolution, Suicidal Ideation and Crisis Intervention, Codependency and Boundary Setting, and Creativity and Authentic Connection.

Welcome Message

I look forward to working with you as your clinical licensing supervisor. The following information is to let you know a little more about me as well as to understand expectations of our professional relationship. In my practice, I firmly believe that the challenges and pain we encounter are transformative opportunities, serving as catalysts for personal growth and the eventual attainment of joy. It's a privilege to walk alongside individuals on their therapeutic journeys, offering a caring, non-judgmental, and safe space for their development.

Training and Experience in Clinical Supervision:

I have completed the LICENSED CLINICAL PROFESSIONAL COUNSELORS OF MARYLAND 2-Day SUPERVISION TRAINING with Dr. Marsha Riggio, PhD, and a 2-day course on Clinical Supervision: Providing Effective Supervisions, Navigating Ethical Issues, and Managing Risk with Dr. George B. Haarman, PsyD, LMFT, to earn continuing education credits and maintain my supervisor status in the state of Maryland.

Furthermore, I regularly engage in a consulting role with other licensed mental health professionals, receiving guidance and support in my clinical work. Additionally, I actively seek out supervision through mentorship to enhance my own clinical practice and ensure that I am providing the most effective and ethical care to my clients and supervisee.



Model or Approach to Clinical Supervision, Role of the Supervisor, Objectives and Goals of Supervision and Modalities used:

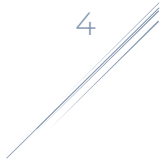
In my role as a supervisor, I adhere to the Strength-Based Clinical Supervision Model, a dynamic approach that emphasizes leveraging positive psychology principles to foster growth and development in supervisees across various disciplines. This model prioritizes several key objectives and goals as outlined in Wade, J. C., & Jones, J. E. (2014). *Strength-Based Clinical Supervision: A Positive Psychology Approach to Clinical Training*:

1. **Explanation of Positive Psychology Principles:** By grounding our supervision in the fundamentals of positive psychology, we create a supportive environment that focuses on strengths, resilience, and growth.
2. **Application of Positive Psychology in Supervision:** We apply positive psychology principles holistically, tailoring our approach to meet the diverse needs of supervisees working in different contexts and disciplines.
3. **Identification of Supervisee Strengths:** Utilizing specialized tools and targeted questioning techniques, we actively identify and cultivate the strengths inherent in each supervisee, empowering them to leverage these strengths in their professional practice.
4. **Integration of Strength-Based Feedback:** Feedback is delivered through a lens of positivity and encouragement, highlighting not only areas for improvement but also acknowledging and reinforcing the supervisee's existing strengths and accomplishments.
5. **Addressing Setbacks with a Strength-Based Approach:** When faced with challenges or setbacks, we adopt a proactive stance, leveraging supervisee strengths to navigate obstacles and facilitate constructive problem-solving.

Through the implementation of the Strength-Based Clinical Supervision Model, we strive to create a collaborative and empowering supervisory relationship that fosters personal and professional growth, resilience, and excellence.

In the role of a clinical supervisor, it is important to protect both the clients being served by supervisees and the supervisees themselves. This can only be accomplished when the supervision relationship provides the supervisee with appropriate support, guidance, and trust in their abilities.

Supervisees will be asked to identify two or three main goals they would like to pursue as a clinician. They will also be asked to identify two areas they are already aware of that challenge them in being able to reach those goals. Supervisees are also agreeing to learn more about recognizing, assessing,



and treating clients with traumatic backgrounds. Additional readings and trainings will count towards indirect hours.

Face -to-face supervision will be achieved through either in person or videoconferencing sessions. We will review client cases, ethics related to counselor practice, development of counseling skills, and creating resources specific to the supervisee achieving their stated goals.

If at any time during supervision you have questions about whether supervision is effective, or if you are having concerns about something I have said or suggested or need clarification of our goals, do not hesitate to bring this up in your supervision session. As the counselor/supervisee you have the right to ask your supervisor questions about her/his qualifications, background, and therapeutic/supervision orientation.



Evaluation Procedures:

At the beginning of supervision, the supervisor and supervisee will go over goals and objectives for the supervisee. It will then be determined the best way to document the supervision provided. Formative feedback will be given at each supervision session and can be documented in writing by both the supervisor and supervisee based on what needs to be provided for licensure, educational institutions, or work environments. The supervisee will be responsible for tracking contact hours with clients over the supervision period as well as logging the required supervision hours with dates and length of supervision sessions. The supervisor will also log supervision hours with dates and length of sessions along with notes on supervision.

During supervision sessions, we will work on process, personalization, conceptualization, and administration, as well as a focus on working with trauma. We will discuss ways to review your counseling skills either through videotaping, audio recordings, case notes, and or role plays.

As a clinical supervisor, if ethical violations occur by the supervisee, an attempt to correct and recover from said violation will be part of the learning process. This will be done through a written remediation plan that will be kept with supervisees file. In the case of an egregious violation of the code of conduct (an example would be if the supervisee has sex with a client) This violation will be immediately reported to the proper licensing and ethical boards, and termination of supervision will occur.

Periodic evaluations of progress will be given as well as requests for feedback of supervision will occur to stay focused on goals and maximize supervisees learning experience.

If personal issues seem to be impeding a supervisees ability to be a safe, effective, and ethical provider, I may request the supervisee seek personal counseling. Once personal counseling is confirmed, supervision may continue. Counselors who are self-aware enough to recognize when they need help through personal therapy are acting in an ethical and professional manner and should continue with their supervision.



Healing Practice Counseling, INC Responsibilities:

- Prepare for and attend supervision sessions.
- Provide regular feedback and formal assessments periodically and at the conclusion of the supervisory relationship.
- Review supervisee's case notes (following D-SOAP format or another similar format) or other materials for quality control purposes.
- Adhere to all applicable legal and ethical standards.
- Maintain a healthy and professional relationship with the supervisee.
- Practice within the boundaries of competence, based on education, training, supervised experience, and professional credentials.
- Ensure that all cases undertaken fall within Company Name's competency limits and are suitable for the supervisee's skill level.

Supervisee Responsibilities:

- Submit and maintain a list of current clients' names, contact information, and active diagnoses for each supervision session.
- Provide proof of professional liability insurance with a policy coverage of at least \$1,000,000 / \$3,000,000, ensuring coverage for up to \$1,000,000 per claim and up to \$3,000,000 aggregate for professional liability.
- Prepare for and attend supervision sessions.
- Complete any assigned tasks or learning exercises between sessions.
- Keep the supervisor informed regarding client issues and progress, including clients in crisis such as those experiencing suicidal ideation.
- Have knowledge of and adhere to all applicable legal and ethical standards.
- Provide each client with whom you work an appropriate Client Disclosure/Informed Consent Statement, Release of Information, Suicide At-Risk Contract, and other necessary documentation, with Empowering Therapeutic Solutions, Inc. identifying contact information. This informs clients that you are obtaining clinical supervision from Company Name and provides them with Company Name's contact information if needed.
- Maintain ethical relationships and healthy boundaries with clients.
- As both you and Company Name Inc. share 100% responsibility for your clients' welfare, promptly inform Company Name of any issues, including but not limited to suspected child, elder, or dependent abuse, domestic violence, if your client may be a danger to themselves or others, intentional spread of infectious diseases as defined by the Center for Disease Control, or if you use any non-traditional treatment methods.



Expectation Of Supervision:

Additional modalities that are used in clinical supervision include face-to-face case review (including treatment assessments, notes, etc.), live observation, transcription, and tape review. Healing Practice Counseling, INC believes a healthy combination of these methods facilitates a comprehensive and holistic experience for the supervisee. It is also believed that both parties should continuously develop cultural competency via self-reflection, learning about other groups and developing effective cultural-specific interventions to help our clients and for Healing Practice Counseling, INC to help supervisees.

Limits and Scope of Confidentiality and Privileged Communication:

Healing Practice Counseling, INC has an obligation to respect your right to confidentiality for the information you share within this clinical supervision setting. Confidentiality of client and counselor/ supervisee information is governed by federal law (Health Information Portability and Accountability Act) and by state law. Washington, DC and Maryland laws impose some limitations to your rights to confidentiality. The following is a list of some situations in which you may lose your right to confidentiality:

1. We are obligated to report any maltreatment of minors or vulnerable adults. This includes physical abuse, sexual abuse, or neglect. This applies to you and any clients you may be working with.
2. We are obligated to report any prenatal exposure to controlled substances. This applies to you and any clients you may be working with.
3. We are obligated to report any serious harm you intend to inflict on yourself or another. This applies to you and any clients you may be working with.
4. We are obligated to share information if directed by Court Order to conform to state or federal law, rules, or regulations. This applies to you and any clients you may be working with.
5. Supervisees must inform their clients that they are obtaining supervision and be provided my contact information should questions or difficulties arise.
6. Supervisees must have my name on any business cards, informed consent documents, or marketing materials while I am their supervisor of record.
7. We are obligated to share information with licensing boards, which is pertinent to a disciplinary proceeding involving a provider. This includes if the supervisee exhibit signs of impairment, exhibit behaviors that are unethical and/or dangerous to the client.



If you are working with minors, you should know that they have a limited right to privacy in that “their” parents may have access to their records. However, if the supervisor/counselor believes that sharing this information will be harmful to the client, confidentiality will be maintained to the limits of the law.

At the conclusion of each supervision session, the supervisee will submit notes of the session to the supervisor within one week, these records will be available to you to view at any time and may include additional notes the supervisor has from each session. Healing Practice Counseling, INC will maintain these notes for seven years.

If you are submitting these hours of clinical supervision for your professional license, you are responsible to keep track of the number of hours. Be certain that Healing Practice Counseling, INC can document every hour of supervision that you submit. You may request that Healing Practice Counseling, INC provide information to others, and Healing Practice Counseling, INC will do so after you have signed a release statement. All information regarding supervisees is considered strictly confidential and will not be given out to anyone without your written consent as bound by legal and professional ethics. In the event of request for transfer of records, the records will be forwarded upon completion of a consent form and a payment fee of \$20.00 processing and copying fee.

Who Supervises Me? Who do I Consult with?

I receive supervision through a mentor as well as work in consultation with some of the following individuals:

1. Jessica A. Garrett M.A, NCC, LPC-S – Certified in EMDR Therapist, Complex Trauma and Dissociative Disorders, particularly works Military Veterans. We meet biweekly.
2. Shantell Pitts, MSW, LCSW-C: Shantell is certified in Trauma-Focused Cognitive Behavioral Therapy (TFCBT), the Trauma Recovery and Empowerment Model (TREM), Cognitive Behavioral Therapy (CBT), Strengthening Family Coping Resources (SFCR), Internal Family Systems (IFS)
3. Jenna Sadan, M.A., LCPC: Licensed Clinical Professional Counselor specializing in ACT, IFS, CBT, and mindfulness-based approaches to enhance the therapeutic process. Additionally, she serves as a supervisor.



Fee Schedule:

Supervision for Licensed Clinical Professional Counselor – Associates in the state of Maryland by me will be conducted via In-person or Videoconferencing session and occasional telephone sessions. The State of Maryland requires G-LCPC to earn a minimum of 3000 clock hours with a minimum of 1500 hours being direct services over a minimum of 18 months. Supervision must also occur a minimum of 4 hours a month. This can be done 1 hour each week or 2 hours on a bi-weekly basis until supervisee has obtained full licensure status.

- Individual Clinical Supervision Sessions: \$100 per 60-minute session
- Triadic Clinical Supervision Sessions: two supervisees to one clinical supervisor for 60 minutes would be \$70 per session per person.
- Bi-weekly rates are \$150 for individual sessions, and \$100 for triadic sessions.

Emergency Contact:

I can be reached via my cell phone, text, and email. The number is (702)510-3908 email: amberflynn.lcpc@gmail.com. If I am out of town, I will always alert you to ways to reach me prior to my departure. You will be expected to follow pre-established emergency procedures if you are dealing with a serious client issue.